



## WEEKLY STUDY

### ***Summer in the Psalms - Week 9***

In addition to praying daily through the Psalms, we are focusing on Psalm 116 this week. This Psalm lays out descriptions of great trial and trouble with alternating claims of God's salvation. It ends with the word, "Hallelujah". As you read and pray this week, pay attention to the invitations to praise God at all times.

Please note our prayer focus for the week in the box below. Join us in seeing what God will do as we unite in prayer.

Peace of Christ,  
Pastor Mark Youngman

If you are studying with your Providence Small Group or Discipleship Group, you can share from your own daily reflections and consider the Group Discussion questions below. If you would like to get connected visit [prov.church/smallgroups](http://prov.church/smallgroups).

Prayer Focus:

- Pray daily for someone who is facing the battle of their life. Pray for moments of praise to break through, and ultimately for God's healing.

## DAILY STUDY

### **MONDAY: PSALM 116 (NIV)**

*I love the LORD, for he heard my voice;  
he heard my cry for mercy.*

<sup>2</sup>*Because he turned his ear to me,  
I will call on him as long as I live.*

<sup>3</sup> *The cords of death entangled me,  
the anguish of the grave came over me;  
I was overcome by distress and sorrow.*

<sup>4</sup> *Then I called on the name of the LORD:  
“LORD, save me!”*

<sup>5</sup> *The LORD is gracious and righteous;  
our God is full of compassion.*

<sup>6</sup> *The LORD protects the unwary;  
when I was brought low, he saved me.*

<sup>7</sup> *Return to your rest, my soul,  
for the LORD has been good to you.*

<sup>8</sup> *For you, LORD, have delivered me from death,  
my eyes from tears,  
my feet from stumbling,*

<sup>9</sup> *that I may walk before the LORD  
in the land of the living.*

<sup>10</sup> *I trusted in the LORD when I said,  
“I am greatly afflicted”;*

<sup>11</sup> *in my alarm I said,  
“Everyone is a liar.”*

<sup>12</sup> *What shall I return to the LORD  
for all his goodness to me?*

<sup>13</sup> *I will lift up the cup of salvation  
and call on the name of the LORD.*

<sup>14</sup> *I will fulfill my vows to the LORD  
in the presence of all his people.*

<sup>15</sup> *Precious in the sight of the LORD  
is the death of his faithful servants.*

<sup>16</sup> *Truly I am your servant, LORD;  
I serve you just as my mother did;  
you have freed me from my chains.*

<sup>17</sup> *I will sacrifice a thank offering to you  
and call on the name of the LORD.*

<sup>18</sup> *I will fulfill my vows to the LORD  
in the presence of all his people,*

<sup>19</sup> *in the courts of the house of the LORD—  
in your midst, Jerusalem.*

*Praise the LORD.*

- Someone has been saved! If you have ever been plucked from the fire and restored to life, you know what the Psalmist is saying, His life has been saved and because of that history, he will call on God every time. Are you or someone you know in this kind of situation right now? Plead to God in the space below, just as the Psalmist did.

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- **Prayer Prompt: For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—<sup>9</sup> not by works, so that no one can boast. (Ephesians 2.8-9)**
- *God, you are my strength and my salvation. You have saved me from certain death, and I look to you for eternal life. Amen.*

## TUESDAY: PSALM 116 (NIV)

- You are invited to use your story of deliverance to impact others. That's what the Psalmist has determined. When have you been in a desperate situation? Where do you look for answers? If God has heard your voice and your cry once, God will hear it again. Cry out to him!

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- **Prayer Prompt: The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, "Abba, Father." (Romans 8.15)**
- *God, I cry out to you with all that I have and all that I am. Show me salvation, give me hope for today. Amen.*

## WEDNESDAY: PSALM 116 (NIV)

- God does not let his saints die for no reason, or with no Kingdom-benefit. Verse 15 reveals that the psalmist was confident of this. Precious is the death of God's faithful servants? Who are the saints that you have experienced in your life? How are they precious even though they are no longer living on earth?

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- **Prayer Prompt: The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, “Abba Father.” (Romans 1.7)**
  - *Lord God, thank you for the saints in my life. I name them before you now \_\_\_\_\_ . Be glorified by their lives and even by their deaths. Amen.*

#### **THURSDAY: PSALM 116 (NIV)**

- Verse 15 reveals that you (a faithful servant) are valued by God. We spend much of our lives wondering if we are making a difference. We deeply desire to leave a legacy or make an impact on future generations. God says that our very existence is precious in his sight. How do you respond to such a promise?
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- **Prayer Prompt: Since you are precious and honored in my sight, and because I love you, I will give people in exchange for you, nations in exchange for your life. (Isaiah 43.4)**
- *God, it is not easy to believe, but I am humbled by your promise that you see me, you know me, and you love me. Speak to me in clear language about your love for little old me! Amen.*

#### **FRIDAY: PSALM 116 (NIV)**

- A sacrifice of praise and thanksgiving. The Psalmist wrote about the sacrifice he was willing to pay in response to God’s faithfulness. How is your life becoming a sacrifice to God?
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- **Prayer Prompt: Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. (Romans 12.1)**
- *Lord God, I want my life to be made a sacrifice before you. I confess that I hold on to my life for myself. Show me the way to honor you with all of it. Amen.*

**SATURDAY: PSALM 116 (NIV)**

- In Sunday’s message, Pastor Jacob asked, What shall I return to the Lord?
  1. I will call on the name of the Lord.
  2. I will fulfill my vows to the Lord in the presence of all his people.
  3. Precious in the sight of the Lord is the death of his faithful servants.

How are you calling on the name of the Lord? Are you fulfilling your vows to God?

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- **Prayer Prompt: “Everyone who calls on the name of the Lord will be saved.” (Romans 10.13)**
- *God, I long to return to you with my words, my actions, and my heart. Amen.*

**GROUP DISCUSSION**

As a group, commit to reading a Psalm each day throughout the next several months (until October). You may have received a handout at Providence that will help you to keep track. When you come together as a small group, share with one another the ways in which God is speaking to you through each Psalm.

**This week: Psalms 57-63**

Does this Psalm reflect your words to God?

What is God saying to you through this Psalm?

Is there something you are invited to do in response to this Psalm?

What challenges you about this Psalm?