

SNACK SUGGESTIONS: HEARTS ALL WAYS, ALWAYS

WHAT YOU SAY:

"When someone asked Jesus what the greatest commandment is, what was His answer? (Pause for responses.) Yes! To love—love God and love others. [Bottom Line] You can LIVE for God by loving others. What if for the rest of the summer and the coming school year, you decided to focus on this ONE thing? What if you chose to love in every situation, in every interaction, at every opportunity? What if love was your first response? I know your faith would grow. And your willingness to love well could show others just how much God loves them, too. Because [Bottom Line] you can LIVE for God by loving others."

OPTIONS:

OPTION 1: Heart-Shaped Rice Krispies Treats®

What You Need: Rice Krispies Treats; heart cookie cutters or plastic knives; napkins What You Do:

Give each child a Rice Krispies Treat.

Encourage kids to cut out a heart using either a heart-shaped cookie cutter or a plastic knife.

OPTION 2: Heart-Shaped Fruit Kabobs

What You Need: Strawberries, orange slices, grape halves, small cubes of cheese, napkins, small skewers

What You Do:

Cut off the tops of the strawberries in a V formation, leaving the rest of the strawberry, which now looks like a heart.

Add two strawberries, two orange slices, four grape halves and two cheese cubes to each skewer.

Kids can place their fruit kabob on a napkin to enjoy.

OPTION 3: Heart Sugar Cookies

What You Need: Sugar cookie dough or store-bought sugar cookies; heart-shaped cookie cutters; icing; sprinkles; napkins or small paper plates

What You Do:



Roll out the sugar cookie dough, cut out heart shapes using a cookie cutter, and bake. Allow kids to decorate their heart-shaped cookie with the icing and sprinkles.

OPTION 4: Heart-Shaped Jammy Sammies

What You Need: Bread; strawberry jam; heart-shaped sandwich cutters or cookie cutters; small plates

What You Do:

Prepare the sandwiches

Encourage kids to use the heart-shaped sandwich or cookie cutters to cut a heart out of the center of their sandwich to enjoy.

OPTION 5: Cheese and Pepperoni Hearts on Crackers

What You Need: Cheese slices; pepperoni slices; small heart-shaped cookie cutters; crackers; small plates or napkins

What You Do:

Give each child a plate with two slices of cheese, two pepperoni slices, and two crackers. Encourage the kids to use the cookie cutter to cut hearts out of the cheese and pepperoni slices, place them on the crackers, and enjoy.