

Jesus Changed My Life-Get Up!-October 3rd and 6th, 2019

Scripture: Mark 5.21-42

Mark 5.21-42 (NLT)

²¹ Jesus got into the boat again and went back to the other side of the lake, where a large crowd gathered around him on the shore. ²² Then a leader of the local synagogue, whose name was Jairus, arrived. When he saw Jesus, he fell at his feet, ²³ pleading fervently with him. “My little daughter is dying,” he said. “Please come and lay your hands on her; heal her so she can live.”

²⁴ Jesus went with him, and all the people followed, crowding around him. ²⁵ A woman in the crowd had suffered for twelve years with constant bleeding. ²⁶ She had suffered a great deal from many doctors, and over the years she had spent everything she had to pay them, but she had gotten no better. In fact, she had gotten worse. ²⁷ She had heard about Jesus, so she came up behind him through the crowd and touched his robe. ²⁸ For she thought to herself, “If I can just touch his robe, I will be healed.” ²⁹ Immediately the bleeding stopped, and she could feel in her body that she had been healed of her terrible condition.

³⁰ Jesus realized at once that healing power had gone out from him, so he turned around in the crowd and asked, “Who touched my robe?”

³¹ His disciples said to him, “Look at this crowd pressing around you. How can you ask, ‘Who touched me?’”

³² But he kept on looking around to see who had done it. ³³ Then the frightened woman, trembling at the realization of what had happened to her, came and fell to her knees in front of him and told him what she had done. ³⁴ And he said to her, “Daughter, your faith has made you well. Go in peace. Your suffering is over.”

³⁵ While he was still speaking to her, messengers arrived from the home of Jairus, the leader of the synagogue. They told him, “Your daughter is dead. There’s no use troubling the Teacher now.”

³⁶ But Jesus overheard them and said to Jairus, “Don’t be afraid. Just have faith.”

³⁷ Then Jesus stopped the crowd and wouldn’t let anyone go with him except Peter, James, and John (the brother of James). ³⁸ When they came to the home of the synagogue leader, Jesus saw much commotion and weeping and wailing. ³⁹ He went inside and asked, “Why all this commotion and weeping? The child isn’t dead; she’s only asleep.”

⁴⁰ The crowd laughed at him. But he made them all leave, and he took the girl’s father and mother and his three disciples into the room where the girl was lying. ⁴¹ Holding her hand, he said to her, “*Talitha koum*,” which means “Little girl, get up!” ⁴² And the girl, who was twelve years old, immediately stood up and walked around! They were overwhelmed and totally amazed.

Jesus Changed My Life-Get Up!-October 3rd and 6th, 2019

Scripture: Mark 5.21-42

Read and Discuss

Introduction

In the month of October we are hearing stories of people who have had their lives completely changed by Jesus. This weekend Pastor Regina shared the story of a girl brought back to life and a woman whose life-long condition was immediately healed. One of the interesting things in Matthew 5 is how these two stories intersect. Jesus was on his way to heal the little girl when the woman was healed through a faithful act of reaching out to Jesus. Jesus notices us even in a crowd and invites us to get up out of darkness and suffering and into light and life.

Engage the Scripture

- Read Mark 5.21-34. Notice the emotional roller coaster Jairus is on. His daughter is dying. He finds Jesus whom he believes can heal her. They head to Jairus' house. There is a traffic jam on the path. Everybody else wants Jesus' attention and healing as well. How would it feel to have people or circumstances slow down the miracle you are searching for? Does it ever feel like the Healer doesn't know the urgency of your suffering?
- The woman who reaches out to Jesus has been an outcast from society. Blood was seen as unclean. Who are the people that are kept on the fringes of our society?
- The woman had to fight her way through the crowd just to have a chance of touching Jesus' coat. What barriers keep today's outcasts from reaching Jesus?
- It's amazing how Jesus noticed that healing power went out from his body. The woman didn't even touch his body! What can we learn about Jesus healing power from this story?
- Read Mark 5.35-42. We now return to the storyline we started with. Jesus and Jairus receive word that Jairus' little girl has died. Jesus offers comfort and encouragement to the father. Jairus is still on a roller coaster! And Jesus says, "Don't be afraid. Just have faith." Have you ever faced a situation so difficult that to "just have faith" seemed almost impossible? It must have been faith that kept Jairus on the path to home.
- Pastor Regina pointed out that Jesus didn't pick the little girl up when everyone assumed she was dead. Instead he called out to her. "Little girl, get up."

Regina asked, "*Are you dead to your family? Are you dead in depression and addiction? Are you dead in rage and anger and shame and guilt? GET UP, LITTLE GIRL! GET UP, LITTLE BOY!*"

Do you ever feel like something in you has died? Are you dead or asleep because of some external or internal force that has you believing that it's all over? From what do you need to get up?

Pray

Pray for the faith to reach out to Jesus. Ask Jesus to bring new life to the dead places...to change your life.